



# IV CONGRESO IBEROAMERICANO DE INGENIERÍA DE LOS ALIMENTOS

**Efecto del procesado térmico sobre las propiedades  
fisicoquímicas y riqueza functional de frutos de arrayán  
(*Luma apiculata*)**

MÓNIKA VALDENEGRO<sup>1</sup>, LIDA FUENTES<sup>2</sup>, ANIBAL AYALA-RASO<sup>2</sup>

1.-Escuela de Agronomía. Facultad de Ciencias Agronómicas y de los Alimentos,  
Pontificia Universidad Católica de Valparaíso PUCV, Chile.

2.-Centro Regional de Estudios en Alimentos Saludables CREAS-PUCV, Chile

[monika.valdenegro@pucv.cl](mailto:monika.valdenegro@pucv.cl)

Organiza:



# Bosque esclerófilo chileno: Fuente de materias primas con potencial saludable. Caso arrayán



ESCUELA DE  
AGRONOMÍA



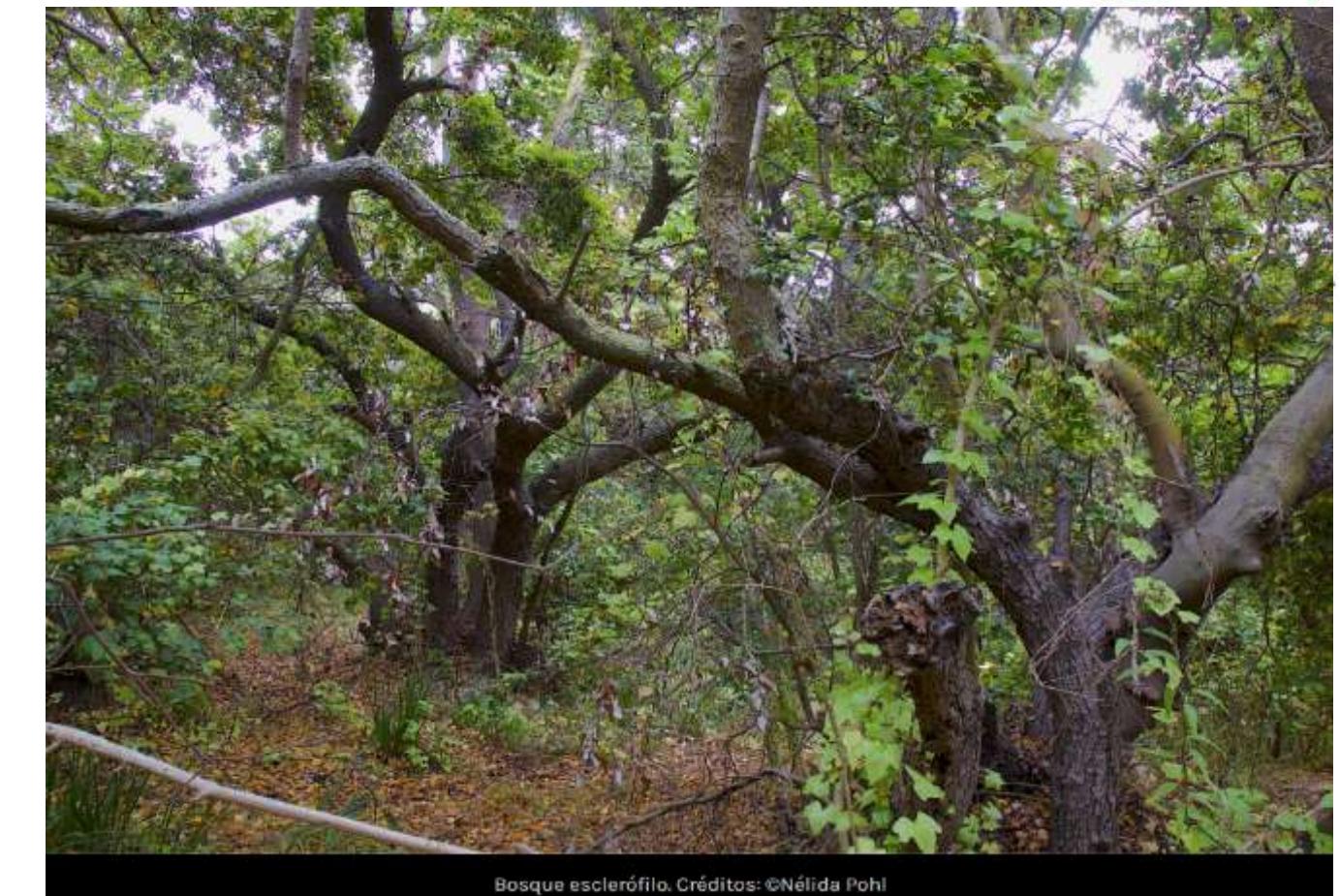
PONTIFICIA  
UNIVERSIDAD  
CATÓLICA DE  
VALPARAÍSO



Universidad de Concepción



UNIVERSIDAD TÉCNICA  
FEDERICO SANTA MARÍA



Bosque esclerófilo. Créditos: ©Nélida Pohl

Los bosques y matorrales esclerófilos de Chile son uno de los 5 ecosistemas de tipo mediterráneo existentes en el mundo. Considerados en estado vulnerable, en peligro o en peligro crítico por la Unión Internacional para la Conservación de la Naturaleza (IUCN),





Review

# Patagonian Berries: Healthy Potential and the Path to Becoming Functional Foods

Lida Fuentes <sup>1,\*</sup>, Carlos R. Figueroa <sup>2</sup>, Monika Valdenegro <sup>3</sup> and Raúl Vinet <sup>1,4</sup>



Species	Common Name	Family	Geographic Distribution [16,35]	Traditional Products
<i>Aristotelia chilensis</i> (Mol.) Stuntz.	Maqui	Elaeocarpaceae	Chile: from the Coquimbo to Aysén regions, including Juan Fernández Island (Latitude 31°–40°). Argentina: from Jujuy to Chubut provinces.	Fresh and dried fruit, make textile pigment, juice, alcoholic beverages [36,37]
<i>Ugni molinae</i> Turcz.	Murta	Myrtaceae	Chile: From the O'Higgins to Aysén regions, including Juan Fernández Island (Lat. 34°–40°). Argentina: Neuquén, Rio Negro, and Chubut provinces.	Fresh and dried fruit, pigment, bakery, jam, beverages [38]
<i>Berberis microphylla</i> G. Forst.	Calafate	Berberidaceae	Chile: From the Metropolitan to Magallanes regions (Lat. 33°–55°). Argentina: From Neuquén to Tierra del Fuego provinces.	Fresh fruit, used to juice, beer [39]
<i>Luma apiculata</i> (DC.) Burret.	Arrayán	Myrtaceae	Chile: From the Coquimbo to Aysén regions (Lat. 31°–40°). Argentina: From Neuquén to Chubut provinces.	Fresh fruit, textile bakery, jam, aromas [22,23]
<i>Fragaria chiloensis</i> (L.) Mill.	Chilean strawberry	Rosaceae	Chile: From the O'Higgins to Magallanes regions (Lat. 34°–55°). Argentina: Neuquén and Rio Negro provinces.	Fresh fruit, used in alcoholic beverages [36,43]

Geographic distribution according to Rodriguez et al., 2018 [35] and Schmeda et al., 2019 [16]. N.D.: not described.







Review

## Patagonian Berries: Healthy Potential and the Path to Becoming Functional Foods

# Antioxidantes en frutos patagónicos

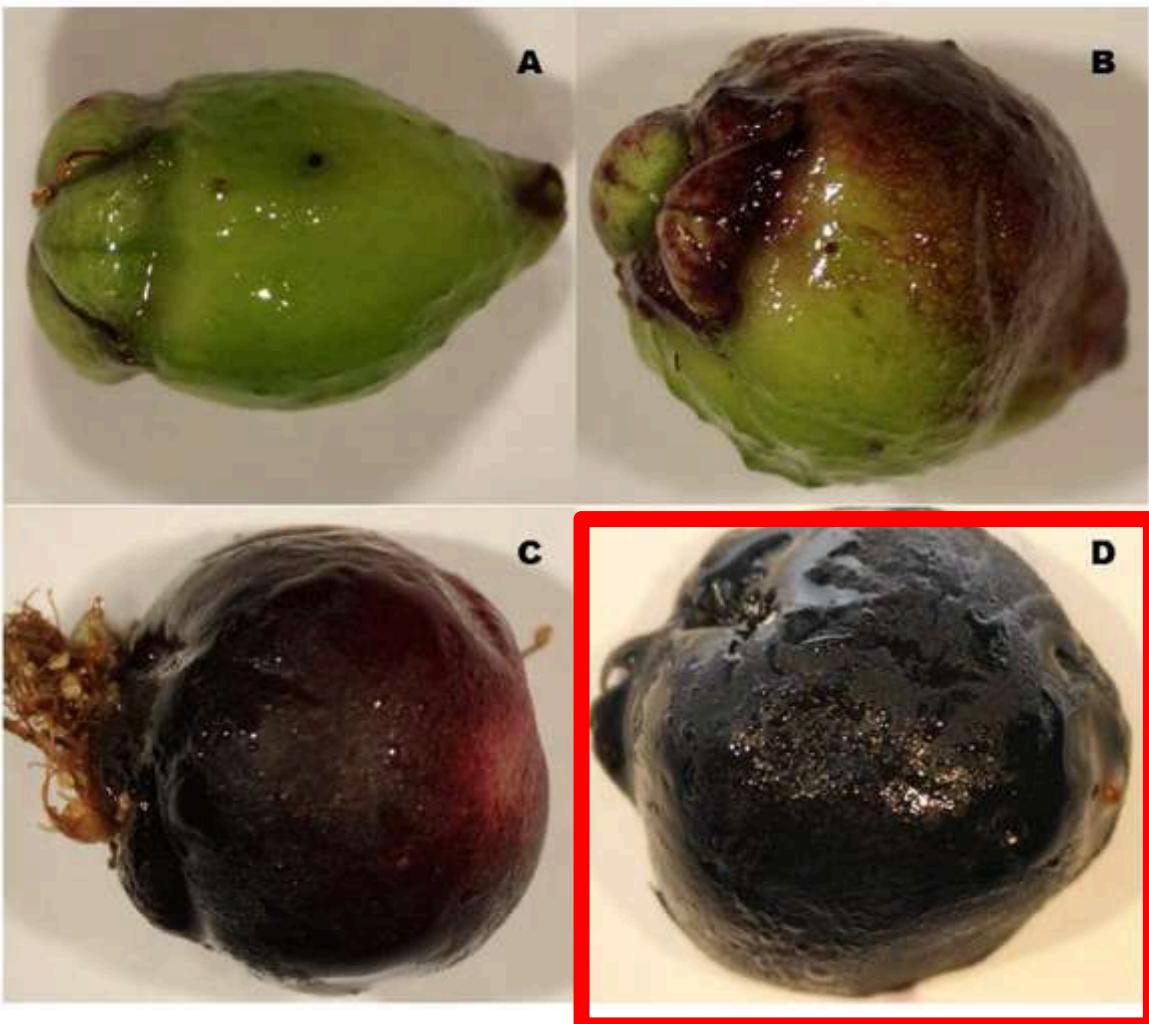
Table 1. Species 1 • Species 2 • Mainly Valuable 3 • and Potential 4

Species Name	Average Antioxidant Capacity Determined by ORAC ( $\mu\text{mol}\cdot100\text{ g DW}^{-1}$ ) <sup>a</sup>	Average Range of Total Polyphenols Compounds Content (mg GAE $\text{g}^{-1}$ DW) <sup>a</sup>	Number of Non-Anthocyanin Polyphenol Compounds Reported	Principal Non-Anthocyanin Polyphenol Compounds
Maqui.	37,174 [11,69]	49.7 [70]	13 [15]	Quercetin, dimethoxy-quercetin, quercetin-3-rutinoside, quercetin-3-galactoside, myricetin and its derivatives (dimethoxy-quercetin) and ellagic acid [70]
Arrayán	62,500 [21]	27.6 [19]	13 [15]	quercetin 3-rutinoside and their derivatives, tannins and their monomers [18,21]

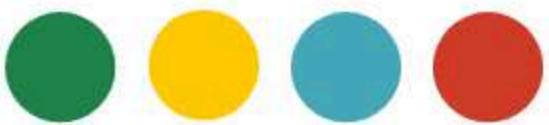
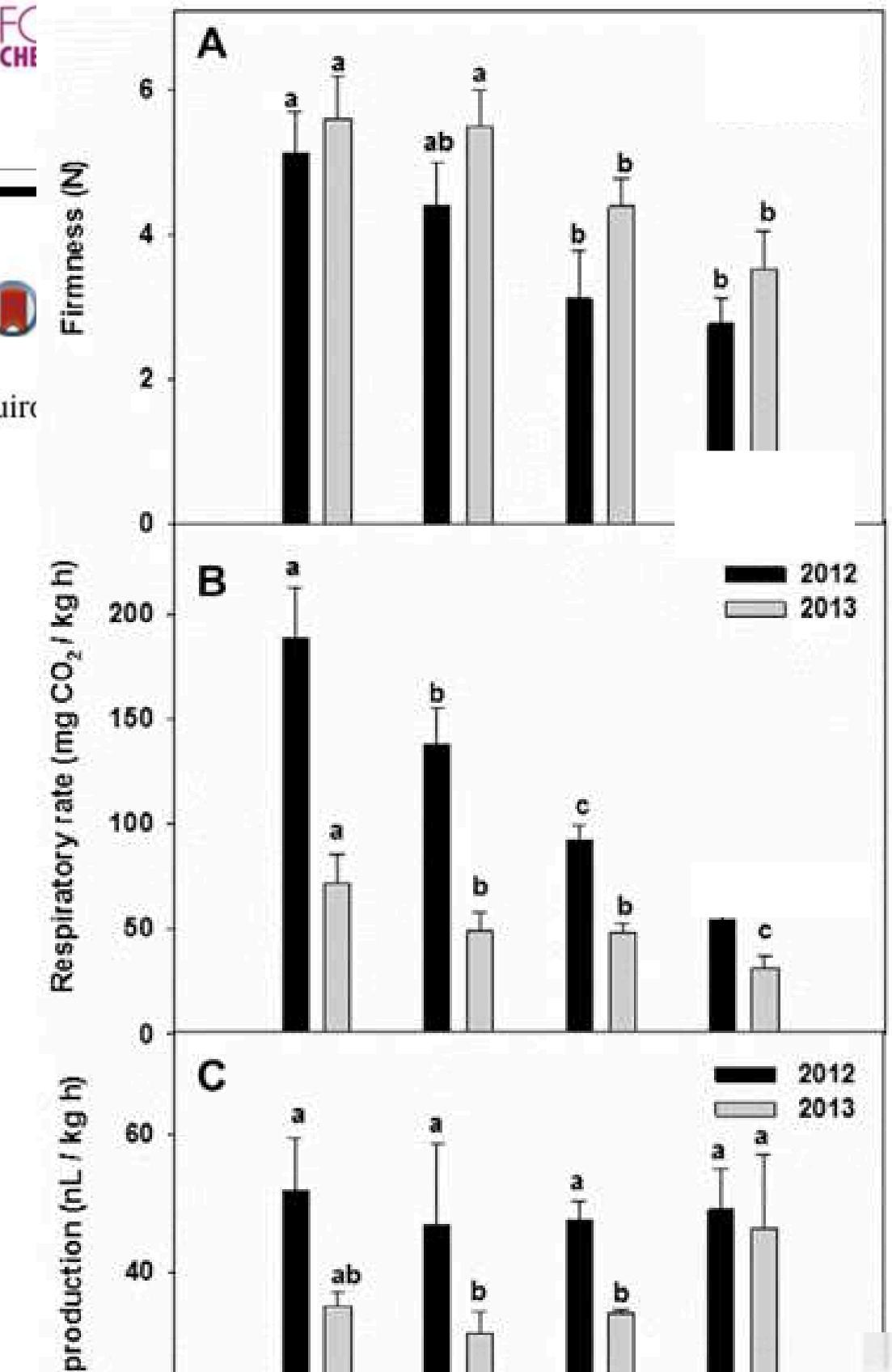


## Characterization of fruit development and potential health benefits of arrayan (*Luma apiculata*), a native berry of South America

Lida Fuentes <sup>a,b,\*</sup>, Mónica Valdenegro <sup>a,c</sup>, María-Graciela Gómez <sup>c</sup>, Aníbal Ayala-Raso <sup>d</sup>, Evelyn Quirós <sup>e</sup>, Juan-Pablo Martínez <sup>b,a</sup>, Raúl Vinet <sup>e,a</sup>, Eduardo Caballero <sup>a,f</sup>, Carlos R. Figueroa <sup>g</sup>



- Fruto no climatérico
- Sensible a presencia de etileno

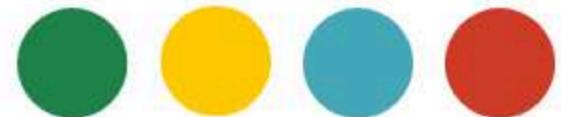


Dra. Lida Fuentes

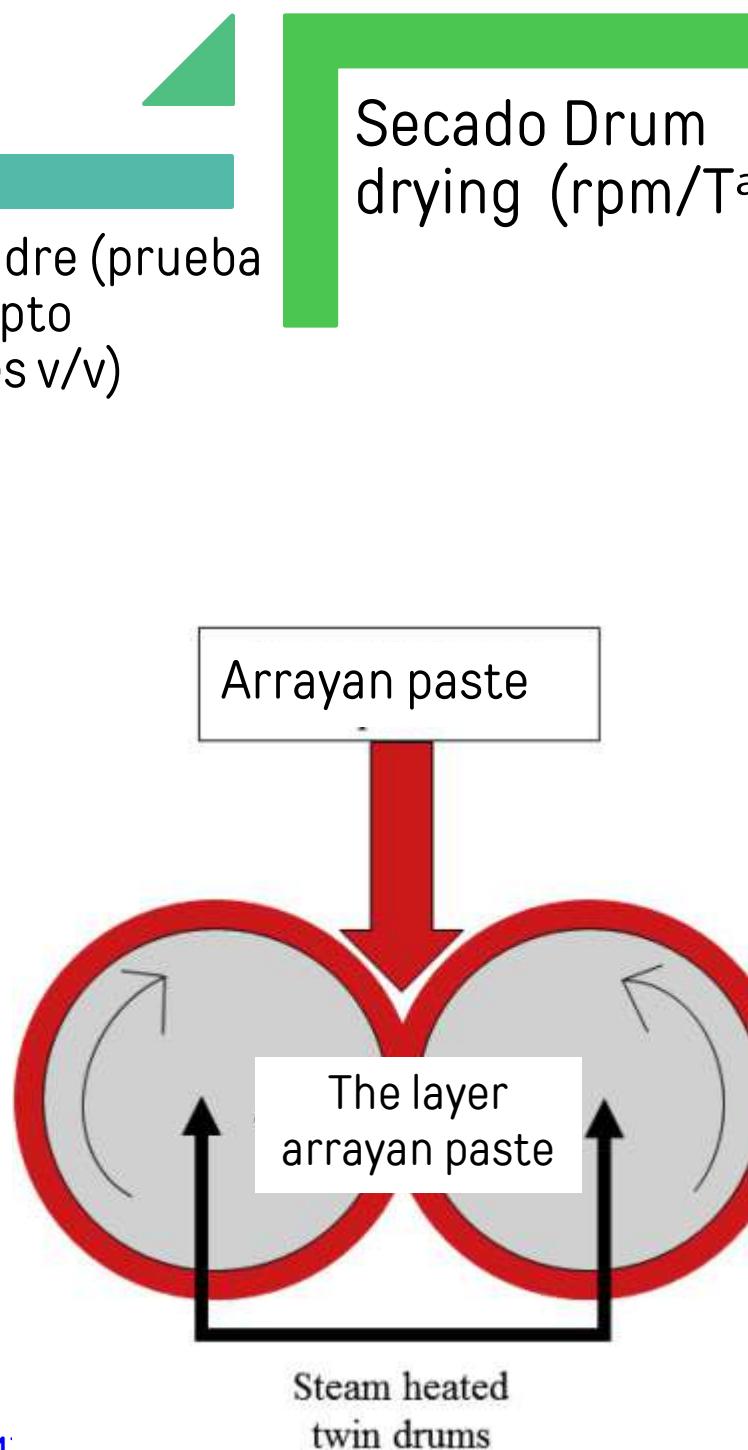
# Estrategia de estabilización por deshidratación en secador de tambor doble rotatorio



UNIVERSIDAD TECNICA  
FEDERICO SANTA MARIA



Esquema adaptado de Galaz et al. 2017. <https://doi.org/10.1016/j.jfoodeng.2017.04.002>



ELSEVIER



Effect of drum drying temperature on drying kinetic and polyphenol contents in pomegranate peel

P. Galaz <sup>b</sup>, M. Valdenegro <sup>a</sup>, C. Ramírez <sup>b</sup>, H. Nuñez <sup>b</sup>, S. Almonacid <sup>b, c</sup>, R. Simpson <sup>b, c, \*</sup>



# Ajustes previos a la estabilización

Raw material processed by batch/replicate <sup>WRITE TO US</sup> 500 [g]

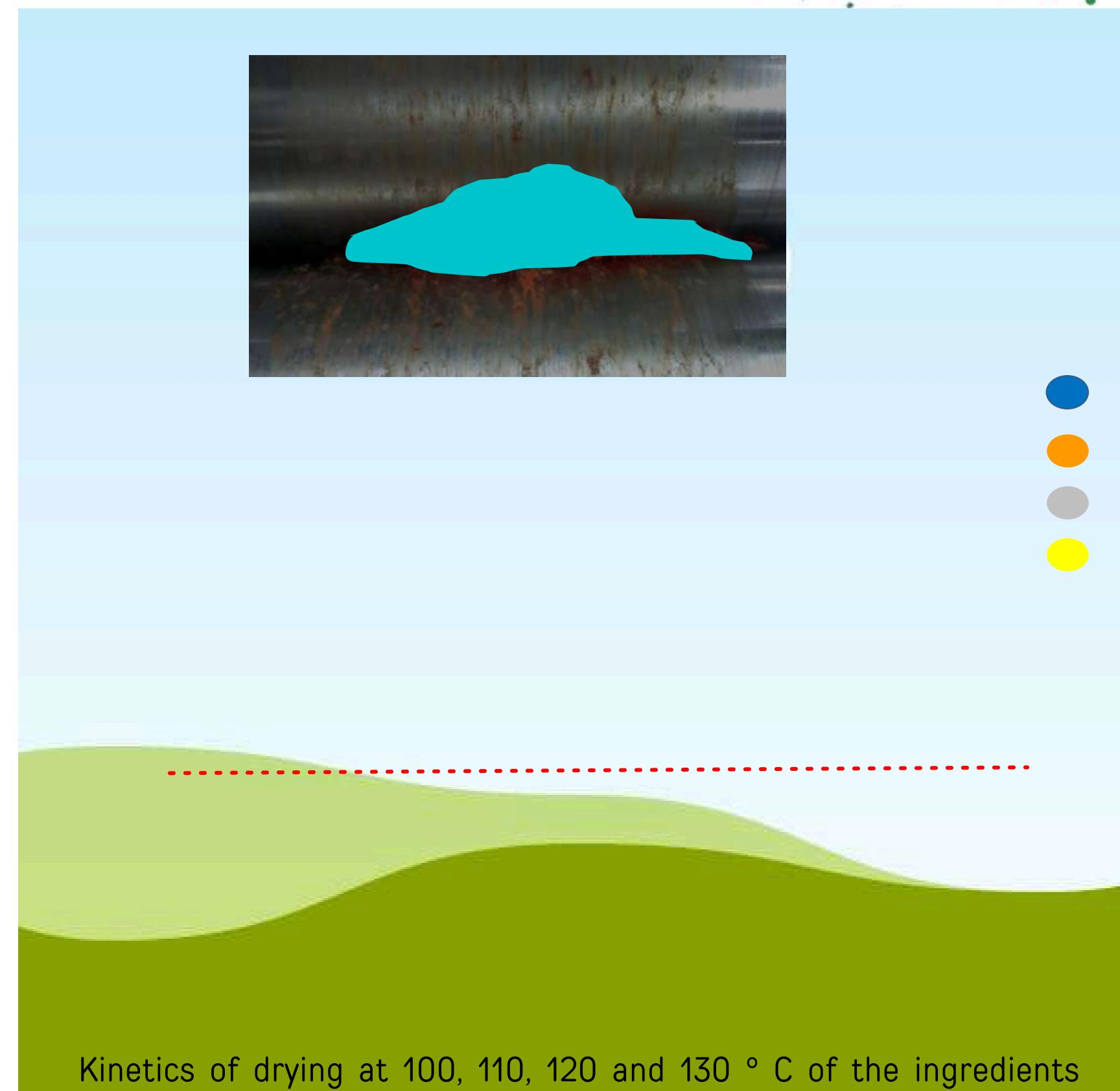
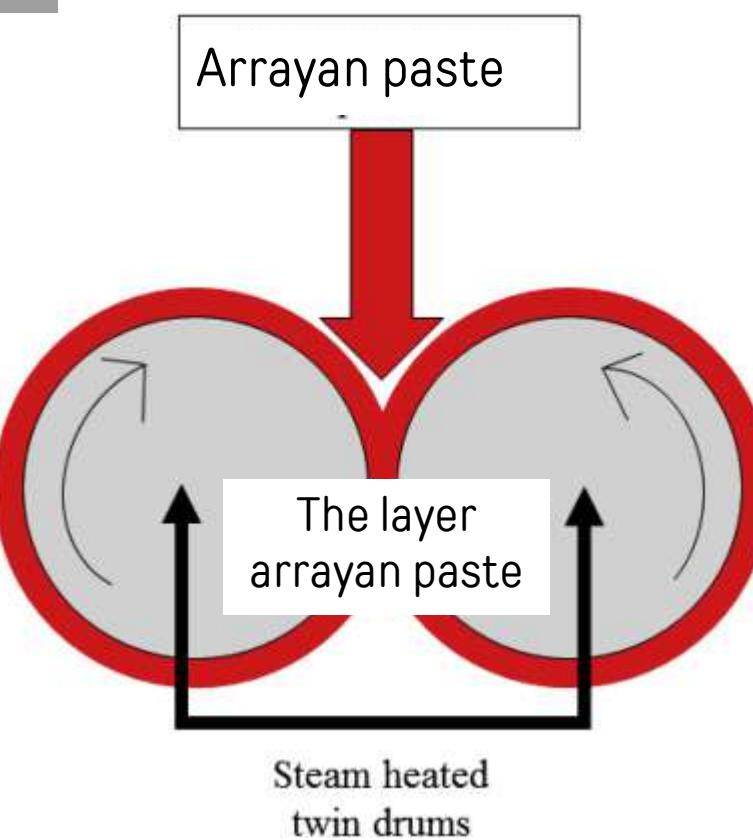
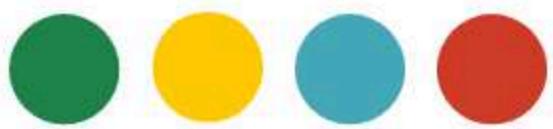
Fixed

Dilution fruit paste:(%): 50/50; **70/30**; 80/20.

Drum clearance <sup>WRITE TO US</sup> 0.1; **0.2**; 0.5: 1.0 mm

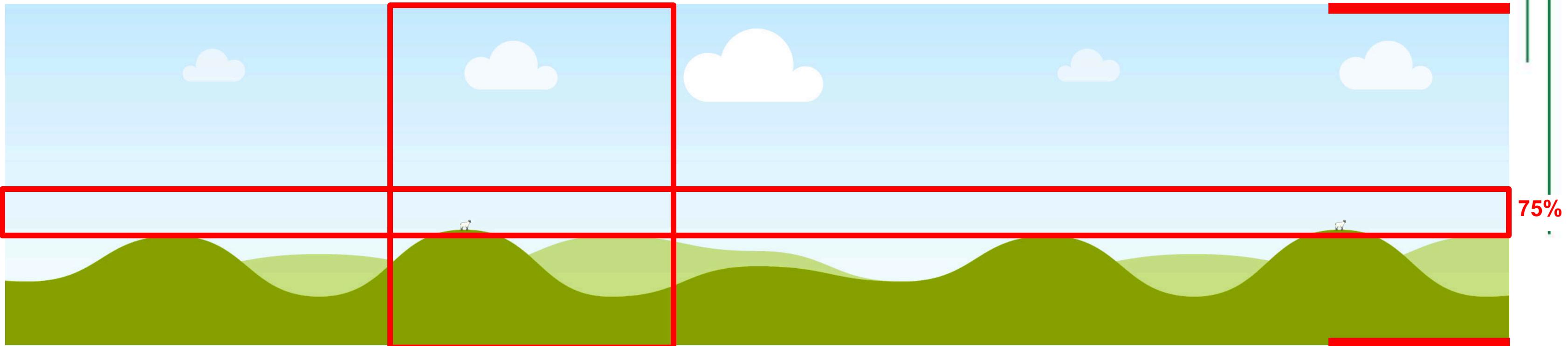
Drying temperature (°C)	Rotation speed of drums (rpm) - drying Time (seconds)
100	0.50 – 460
110	1.0 – 238
120	2.0 – 114
130	4.0 – 50

Box Behken design, 16 batch.



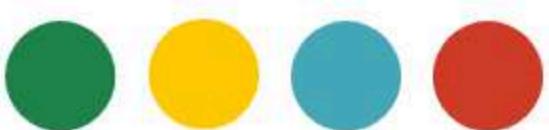


Scavenging of the 1,1-diphenyl-2-picrylhydrazyl Radical (DPPH), Ferric Reducing Antioxidant Power (FRAP), Total Phenolic Content (TPC), Total Flavonoid Content (TFC), Total Anthocyanin Content (TAC) of final ingredient arrayan-based.



Values in the same column marked with the same letter are not significantly different (at  $p < 0.05$ ).

Better combination: 110°C; 2 rpm; drying time 114 s; drum clearance 0.2 mm





ESCUELA DE  
AGRONOMÍA



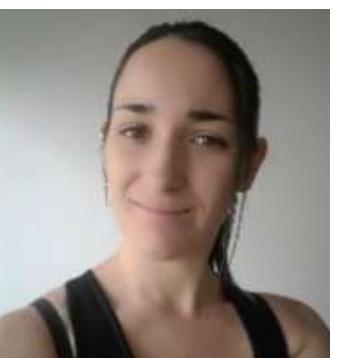
PONTIFI  
UNIVER  
CATÓ  
VALPA



UNIVERSIDAD TÉCNICA  
FEDERICO SANTA MARÍA

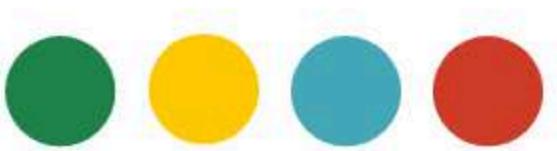


Universidad  
de Valparaíso  
CHILE



F F . F F . F F F

- ANID Fondecyt 1140817.
- DI PUCV Regular project 039.437. PUCV
- CREAS CONICYT-REGIONAL GORE Región de Valparaíso, R12C1001,
- “Fondo de Investigación del Bosque Nativo” through grant CONAF 064/2011
- CORFO 12IDL115150/ 21IDL216873.





# IV CONGRESO IBEROAMERICANO DE INGENIERÍA DE LOS ALIMENTOS

Muchas gracias por su atención

[monika.valdenegro@pucv.cl](mailto:monika.valdenegro@pucv.cl)

Organiza:

